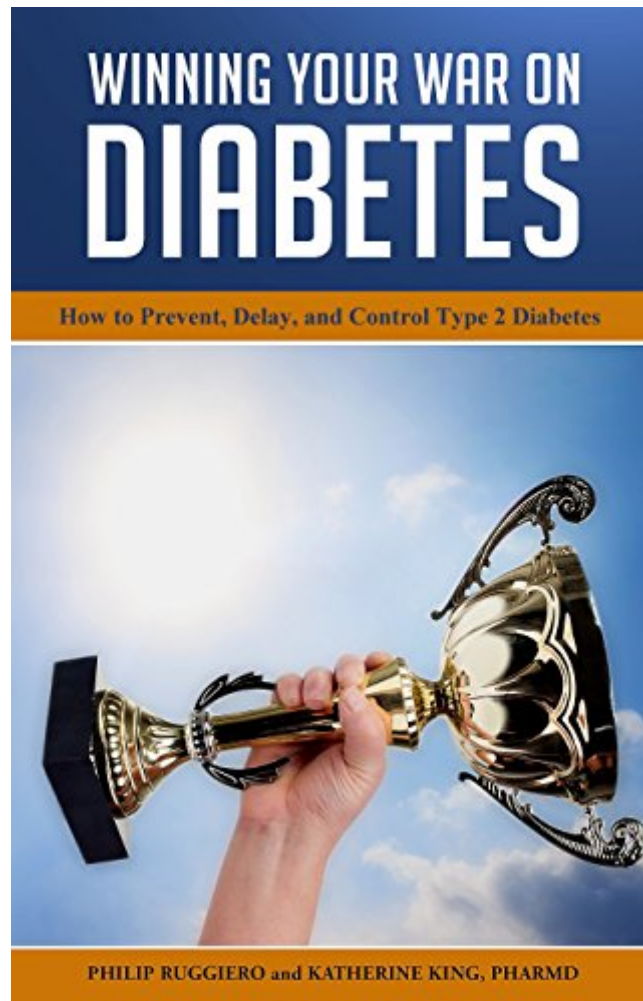


The book was found

Winning Your War On Diabetes: How To Prevent, Delay, And Control Type 2 Diabetes



Synopsis

Our goal with *Winning Your War On Diabetes* is to provide you with the information you need to prevent, delay, and control Type 2 Diabetes. *Winning Your War On Diabetes* reveals what you need to know to win Your War On Diabetes. And, all for less than the price of a latte! How could we know the steps? Because Phil was diagnosed with Type 2 Diabetes almost five years ago and he was able to reverse the disease; he was able to bring glucose levels back to normal levels and taken off of medication. How? By making a few mistakes, learning from them and going forward. *Winning Your War On Diabetes* is as much a how-to as it is the lessons learned while fighting a war. Phil did not win his war using some secret diet, miracle cure, or special herbs and spices. We discuss what Diabetes is, what it does and give you the weapons you need to win your War. In addition, we provide information about the most widely prescribed medications to control Type 2 Diabetes, written by a pharmacist, because we believe the more you know, the better you will be able to fight your War On Diabetes. *Winning Your War On Diabetes* is based on taking action, because action is what is needed to win your War. The truth is you just can't sit there and expect Diabetes to go away, it won't. It will continue to work away at you from the inside out until you take the necessary steps to take back your health. And, yes, *Winning Your War On Diabetes*, will give you the steps you need to take to win your War On Diabetes. And, that's really the great news - You can prevent, delay and control Type 2 Diabetes. Look, there are a lot of books about Diabetes out there. So many are promising cures through the use of magic beans, potions, a special diet, or even nanotechnology (it's true!). The *War On Diabetes* book makes only one promise and here it is: You can prevent, delay, and/or control Type 2 Diabetes. That's it? Yes, and we won't keep it a secret - we will tell you each step you have to take. You can control Type 2 Diabetes. You can win your War On Diabetes. We believe in you.

Book Information

File Size: 1087 KB

Print Length: 138 pages

Simultaneous Device Usage: Unlimited

Publisher: Philip Ruggiero (November 23, 2014)

Publication Date: November 23, 2014

Sold by: Digital Services LLC

Language: English

ASIN: B00Q3B5AD2

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Enhanced Typesetting: Enabled

Best Sellers Rank: #889,964 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #113

inÂ Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Diabetes > Type 2 #571

inÂ Kindle Store > Kindle eBooks > Medical eBooks > Diseases > Diabetes #575 inÂ Kindle Store
> Kindle eBooks > Health, Fitness & Dieting > Diseases & Physical Ailments > Diabetes

Customer Reviews

This Kindle book offers a lot of commonsense advice, useful tips, and very comprehensive information on drugs too. Although written and compiled by Americans, all test figures are also 'translated' into European values, something often lacking in books about Diabetes. Whether you think you might have the disease, or you have been diagnosed with Type 2, or Type 1, it is all covered in this easy-to-read volume, of under 100 pages. Simple graphics make points clear and easy to understand, and there are relevant and useful links to various organisations and sources of medical information. So many books purport to offer cures, or try to sell you on the idea of special diets. This one does just the opposite. It tells you, very simply, how you can prevent or control this illness, with sensible eating, exercise, and a positive attitude. There are no sponsors, no 'recommended' foodstuffs, just one man relating his personal war against the disease, and how he is winning it. Drug information is supplied by a qualified pharmacist, so no dangers there. All in all, an invaluable companion for anyone who has Diabetes, or is at serious risk of it. If you care for a Diabetic, or know someone who has it, get them one for Christmas; it will do them more good than a box of cookies, and it's a lot cheaper too!

[Download to continue reading...](#)

TYPE 2 DIABETES DESTROYER: The Secret to REVERSE Type 2 Diabetes, 3 Proven Steps to Reverse Type-2 Diabetes in 11 Days (Diabetes type 2, Diabetes, diabetes ... DIABETES, diabetic cookbook, type 2 diabetes) Diabetes: Reverse Diabetes: How to reverse diabetes and manage type 2 diabetes, type 1 diabetes and gestational diabetes (Diabetes, Type 2 diabetes, Type ... sugar, diabetic recipes, what is diabetes) Blood Type Diet: An Essential Guide For Eating Based On Your Blood Type (blood type, blood type diet, blood type a, blood type o, blood type ab, blood type b, blood type diet success,) Diabetes Diet: The Ultimate Diabetic Diet Plan, How To Lose Weight,

Prevent And Cure Type 2 Diabetes (Diabetes, Diabetes Diet, Diabetes Diet Plan, Diabetes ...
Diabetes, Type 2 Diabetes Diet Book Book 1) Winning Your War on Diabetes: How to Prevent,
Delay, and Control Type 2 Diabetes The Type 2 Diabetes Cure - How to Reverse Diabetes Naturally
and Enjoy Healthy Living for Life (Reverse Diabetes, Diabetes, Type 2 Diabetes, Diabetes Diet, ...
Solution, Type 2 Diabetes Cookbook, Book 1) Diabetes: Diabetes Diet: 3 Steps to Cure Diabetes
The Ultimate Guide with the Top Foods to Restoring Blood Sugar (diabetes, type 2
diabetes, diabetes symptoms, type ... diet, glucose, type 2 diabetes symptoms) Diabetes: How To
Reverse Diabetes (Diabetes Diet, Diabetes Cure, Insulin, Type 1 Diabetes, Type 2 Diabetes,
Diabetes free, Reversing Diabetes) Diabetes Diet:: Lower Your Blood Sugar Naturally (Diabetes
Diet, Diabetes for Dummies, Diabetes Cookbooks Free, Diabetes Type 2, Diabetes Destroyer,
Diabetes Solution, Diabetes Cure) Diabetes: Fight It with the Blood Type Diet: The Individualized
Plan for Preventing and Treating Diabetes (Type I, Type II) and Pre-Diabetes (Dr. ... Eat Right 4
Your Type Health Library) Diabetes: The Most Effective Diabetic Superfoods To Reverse And
Prevent Diabetes (Diabetes Diet, Diabetes Cure, Insulin, Type 2 Diabetes, Reverse Diabetes)
Diabetes: Reverse Diabetes With Proven Step By Step Methods And Superior Strategies (Diabetes
Diet, Diabetes Cure, Insulin, Type 1 Diabetes, Type 2 Diabetes) Diabetes Diet - Ultimate
Step-by-Step Guide to Reversing Diabetes With Your Diet: Diabetes, Diabetes Diet, Diabetes Cure,
Reverse Diabetes, Type 2 Diabetes, Vegan, Vegetarian Diabetes: Diabetes Prevention And
Symptoms Reversing, Guide To Diabetes Diet, Nutrition Tips, The "Cure" For Diabetes Type 2
(Diabetes Diet Cookbook And ... Dummies, Reverse Diabetes Without Drugs 1) Diabetes: Reverse
Diabetes In 4 Weeks With Proven Step By Step Methods And Superior Strategies (+ Bonus
Cheatsheet) (Diabetes Diet, Diabetes Type 2, Diabetes Cookbook, Insulin, Diabetes Solution)
Diabetes Diet Cookbook: Delicious Low Carb Recipes For Diabetics (Diabetes Miracle Cure, Lower
Blood Sugar, Diabetes Desserts) (Diabetes Cookbook, Diabetes ... Type 2 Diabetes, Lower Blood
Sugar) Diabetes: Reverse Your Diabetes NOW! How To Take Control of Your Blood Sugar Easy
and Fast!: Reverse Diabetes Forever (Type 2 Diabetes Cure Book 1) Diabetes: The Most Effective
Ways and Step by Step Guide to Reverse Diabetes: (Diabetes, Diabetes Diet, Lower Blood Sugar,
Diabetes free, Diabetes Cure, Reversing Diabetes) Diabetes: Diabetes Black Book: Reverse
Diabetes Forever With 25 Superfoods (Reverse Diabetes, Diabetes Diet, Diabetes Cure, Insulin,
Diabetes recipes) The Type 2 Diabetes Cure: How To Naturally Prevent & Reverse Type 2 Diabetes
(Carb, Diabetic Diet Plan, Best Foods, Blood Sugar, End, Recipes) (The Doctor's Smarter Self
Healing Series)